



AUGUST 2025



Inside this issue:	
Chair's Report	1
Information	2-3
Groups & Group News	4-13
Odds & Ends:	14
Diary Dates / Committee Members	15-16

Chair's Report

Hello everyone, firstly I am pleased to welcome Robin Daglish to the committee and position as our new Editor. John Harrison will soon be stepping back after several years of commitment to the Editors position.

As usual there is lots going on, trips, holidays, local outings, lunches, theatre and the number of interest groups has increased to 37 with several more in the pipeline. My thanks go to all involved and their tireless dedication to our U3A.

Some of you may be aware that Sharon Ahearn is unwell and has had to step down from activities. Most members will know her from the Lunch Bunch. We wish her well and a speedy recovery. Our thanks go to Marion Booker who has been standing in for Sharon at the monthly lunches and supporting her while she is unwell.

Recently we have added AbilityNet to our range of interests. This charity helps with all types of internet problems, this is a free service, and we believe will be a great help to the membership. Tony will be adding details to the web site, for you to contact the local agent Anna directly.

Finally, I hope you are enjoying the summer and all the associated outings.

Nigel Barnes

Editorial

I took over the publication of the newsletter back in 2018, from a husband and wife team who published and distributed the newsletter 4 times. Back then, the internet was in it's infancy, very few members had email, and there was no u3a website or Beacon System. The newsletter was the only way of communicating with all of our members.

When I took over, we created a team to publish and distribute the newsletter, started to print the newsletter in-house and created the bulletin that is distributed by email. The team consists of myself as the Editor, responsible for compilation and editing, Tony and Jacquie Garwood, responsible for printing and distribution and Marian Stanley and Robert Snell for proof reading. During my time as Editor, 21 newsletters and 58 bulletins have been published.

During that period, the u3a administrative procedures and processes have been developed and our website is now the main source of information, updated daily. The u3a will continue to develop and I am confident that Robin Daglish, the new Editor, will adapt both publications to meet the needs of our members.

The September bulletin will be the last one published by myself as Editor and I would just like to express my thanks and gratitude to all of the team for their support and hard work over the last 8 years.

John Harrison, Editor

Visit Our Website at:

<https://newhaven-peacehaven.u3asite.uk>

for:

- Full listing of all our groups
- Up to date information on outings, trips and social events
- Access to Newsletters and Bulletins online
- Contact details and all policy documents.



[u3aNewhavenPeacehaven](https://www.facebook.com/u3aNewhavenPeacehaven)



our email u3aNP@outlook.com



[@u3a_newhaven-peacehaven](https://www.youtube.com/@u3a_newhaven-peacehaven)

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.



INFORMATION

Content for inclusion in the Newsletter.

Please send all content for the Newsletter by the 16th of the month, prior to the publication at the beginning of the following month to:

Digital: Robin Daglish at robindaglish@gmail.com


Handwritten: Jacque Webber at jacquiewr@hotmail.com

Monthly Meetings Speakers

Our monthly meetings are held on the 1st Thursday of every month. There is usually a speaker or a theme such as a quiz and a raffle. It's an opportunity to sign up for outings and activities as well as meeting other u3a members. **Do come along!**

PEACEHAVEN 2.15 pm

Main Hall,
 Community House,
 Meridian Centre,
 BN10 8BB.



NEWHAVEN 2.15 pm

Main Hall,
 Hillcrest Centre,
 Bay Vue Road,
 BN9 9LH.



Monthly Meeting

August 2025
 Thursday 7th August at 2:15pm
Community House, Peacehaven
 (formerly The Meridian Centre)




Crime Scene Investigation

A talk by
Brian Gee

Monthly Meeting

September 2025
 Thursday 4th September at 2:15pm
The Hillcrest Centre, Newhaven



Brighton during the 20th Century

A talk by
Chris Horlock
Local Author and Historian

Monthly Meeting

October 2025
 Thursday 2nd October at 2:15pm
Community House, Peacehaven
 (formerly The Meridian Centre)



Annual General Meeting

Monthly Meeting

November 2025
 Thursday 6th November at 2:15pm
The Hillcrest Centre, Newhaven



The Tower of London

A talk by
Alan Kingshott
Chief Yeoman Warder

Please remember to bring your own cup/mug for tea/coffee



Get Well and Sympathy Cards

If you know of any u3a member who is ill or in hospital and would appreciate a cheery card from us all at the u3a, please let **Marion Booker** know on:
 01273 587712 / 07772078052.

Membership Renewal 2025–2026 – No Fee Increase

The due date for renewal is **1st September**, however we are happy to accept your payment from **4th August** (not before please!).

Individual £15.

Joint £27. (Two people living at the same address)

Associate Individual £11.

Associate Joint £18.80.

(An associate is someone who also pays a full fee to another u3a.)

There are a small number of Historical Associate Members who are entitled to pay half the full fee. These will be contacted individually to remind them.

There are no renewal forms. Payment of the fee is sufficient to renew your membership. However, if any of your details have changed please use the Change of Details form to tell us about this. You can get the form at a Monthly Meeting or from the Website ([to download, print and return](#)).

If you pay tax on your income, and you have not registered for Gift Aid, please consider joining the scheme. We gain an extra £3.50 from the Government for every member in this scheme. Contact me for a Gift Aid Form or [download one](#) from the website.

To pay the membership fee:

Online This is our preferred method of payment

Bank transfer BACS (Account: Newhaven & Peacehaven u3a. Account number: 3005390. Sort code: 60-16-41)

Scan the qr code below to pay by card from your phone or tablet. You can clip/tap on the image, if viewing a digital version. There are also links on the [website](#) to pay online via laptop or computer.



In person at a monthly meeting:

In Cash: The correct amount in a sealed envelope marked with "SUBS" and your name(s).

By Cheque: Make it payable to Newhaven & Peacehaven u3a.

On the back, write "SUBS" and the name(s) of the member(s) covered.

Using debit card, credit card or smart phone.

By post:

Cheques only, sent to Anne Hartshorne, 17 Manor Drive, Telscombe Cliffs, BN10 7EB .

Make the cheque payable to Newhaven & Peacehaven u3a.

On the back, write "SUBS" and the name(s) of the member(s) covered.

Tony

Monthly Meeting

December 2025

Thursday 4th December at 2:15pm
Community House, Peacehaven
(formerly The Meridian Centre)

CHRISTMAS A FESTIVE HISTORY

A talk by
Andy Thomas



N & P Coffee Morning

Newhaven

4th Tuesday
each month

The Bridge Inn
Bridge Street

Opposite Denton Island bridge



10am
↓
12 noon

Peacehaven

2nd Tuesday
each month

Peacehaven
Stonehouse
Carvery

South Coast Road

Join us for a chat and a cuppa 



Group Coordinators

Tricia Shepherd on 01273 516079 or johndandtricia@tiscali.co.uk
 Marian Stanley on 01273 611068 or marianstanley43@gmail.com

GROUPS & GROUP NEWS

Walking Group

The next Mid Week Walking Group will take place on Wednesday 20th August at 11am walking from the Reading Room at Black Rock past the pier to the band stand stopping for coffee on the way at Yellow Wave, Madeira Drive. Val does not need names, just turn up.

Meditation Group

There are no sessions in August. The first session in the new academic year will be on 16th September at 2.00pm in Telscombe Civic Centre.

Ukulele for Beginners



Would you like to learn to play the ukulele, have fun and make music with others?

If so then why not join our new Beginners' Group hopefully beginning sometime during the Autumn.

The present Beginner's Group has done so well that by October/November they will have experienced enough chords to be able to join the more advanced group

What you will need. A soprano ukulele, a tuner and a music stand. Initially I provide all the music.

Where can you buy a ukulele? Ukuleles can be bought from shops in Brighton or Eastbourne or on the internet.

Where and when do we meet? We meet on the 2nd and 4th Thursday of the month at The House Project Meeting Room Peacehaven. Beginners 9.45 – 10.45, more experienced players 10.45 – 12.

So do come along and give it a try. If you have learnt before and want to try again then join the beginners group – you will be very welcome. Similarly, if you already play the ukulele please do join the group who are more experienced.

Please contact me if you are interested and/or want more information.

Marian Stanley email:marianstanley43@gmail.com Tel: 01273 611068

Breakfast Club

The next dates for the Club are the 27 August and 24 September.



Art Club Exhibition 25

4th August to 29th September

The Café @ The Hillcrest Centre



The Lunch Bunch

The details and menus are on the following pages:

- Friday 29 August : The Burger and Bird
- Friday 26 September : Stonehouse Peacehaven Carvery
- Friday 31 October : Pablo Picasso

U3A Lunch Bunch

Friday 29th August 2025 @ 12.30pm

Please be in your place by 12.15pm.

The Burger and the Bird

205 South Coast Rd., Peacehaven, BN10 7BG

(Almost opposite Sainsbury's Local)

Special U3A Lunch menu: 2 courses with tip

Places available: up to 20. [Please pay for your drinks at the Bar.](#)

MAIN COURSE

- Classic Beef Burger £12 with cheese £13
- Small chicken breast with BBQ sauce £12
- Halloumi and Mushroom Burger (V) £16

[All served with chips](#)

Greek Salad with Feta and mixed salad £11

DESSERTS

- Belgian Waffle, vanilla ice cream and choc. sauce £7
- Panna Cotta Tart with ice cream £7
- Lotus Biscoff Cheesecake and ice cream £7.50
- Just mixed ice cream! £4

Please pre-order before **Friday 22st August 2025**

Sharon Ahearn [Tel:01273.589953](tel:01273.589953) Email :sunview70@yahoo.com

.....Tear off.....



Name.....

The Burger and Bird Friday 29th AUGUST 2025 @ 12.15pm

1. Main Course..... Price.....

2. Dessert Price + **£1 tip** Total price.....

Phone no. or email.....

U3A Lunch Bunch

Friday 26th September 2025 @ 12noon for 12.30pm

(as we have to queue to order our meals)

Stonehouse Peacehaven Carvery,

295 South Coast Road, Peacehaven, BN10 7HX

Instructions

Sign-in with person running the group today.

Find yourself a seat.

Check the menu on your table for choices and prices

(Remember to check for 2 course Meal Deals and make sure you get a receipt as proof of payment)

Go to the Bar, order & pay for your meal & drinks.

**All prices subject to change.

There will be no need to pay in advance for this meal. It's pay as you go!

Booking available for max. **30 members.**

Please book a seat with me before Fri. 12th September 2025

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

**** If you want to you can reserve by email on this one.**

----- Please tear off slip below -----



Stonehouse Peacehaven Carvery Friday 26th September 2025 **at 12 noon**

Please reserve me a place.

Name.....

Phone no. or email:.....

U3A Lunch Bunch

Friday 31st October 2025 @ 12.15pm for 12.30pm

Pablo Picasso

47 Broad Street, Seaford, BN25 1NG

Places available: 30. Please order and pay for your drinks at the Bar.

Cost of meal with tip: £27 inclusive. Pizza: £22.50 inclusive

MAIN COURSE :

Beef Lasagne

Parma Pollo; Chicken with Mozarella and Parma ham in a sauce

Pollo Funghi : Chicken breast with mushrooms in a creamy tomato sauce

Pollo Gorgonzola: Chicken in a creamy mushroom and Gorgonzola sauce

All served with diced potatoes and salad garnish

Pizza Margherita: Traditional cheese and tomato pizza

DESSERTS: Lemon Meringue Pie with ice cream

Amaretto Tiramisu with ice cream

Apple Crumble with custard

Mixed Ice cream (Strawberry and vanilla)

Please pre-order and pay before **Wed. 22nd October 2025**

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

-----For booking Please tear off this slip-----



Name:.....

Pablo Picasso Friday 31st October 2025 @ 12.30pm

Cost: Meal £27 inclusive. Pizza meal £22.50p inclusive

Main Course:.....

Dessert.....

Total cost in cash.....

Your Phone no. or email:.....

Your Phone no. or email:.....



The Theatre Group

To book your place
phone Jacquie on 07428159444
or email jacquiewr@hotmail.com

When paying for theatre trips in cash/cheque, please bring it in a sealed envelope marked with your name and the trip. Please pay for all theatre trips in one go.



Les Misérables – Saturday 23rd August 2:30pm

Theatre Royal Brighton—£43.18

Celebrating the 40th anniversary of a musical seen by over 130 million people in 53 countries and in 22 different languages, Les Misérables and features some of theatre's most iconic characters including Jean Valjean, Javert, Eponine, Marius, Cosette and the infamous Thénardiens.

Brighton Theatre Group collaborating with **BHOS**, **The Rattonians** and **WMTC**, this once in a generation production, based on the acclaimed novel by Victor Hugo, plays at **Theatre Royal Brighton** at the invitation of **Sir Cameron Mackintosh** and **MTI Europe**.



2:22 A GHOST STORY – Thursday 9th October 2:30pm – Theatre Royal Brighton – £36

Following seven West End seasons, a record-breaking UK and Ireland tour and thirty productions across the globe, the stage phenomenon 2:22 A Ghost Story now comes to Brighton.

Winner of BEST NEW PLAY at the WhatsOnStage Awards, **Kevin Clifton** (*Strictly Come Dancing*, *Everybody's Talking About Jamie*, *Chicago*) and **Stacey Dooley** (TV presenter and *Strictly* winner) star as fictional couple Sam and Jenny in this edge-of-your-seat supernatural thriller. Dooley reprises her role from her stage

debut in the 2024 West End production, with Clifton joining her in venues across the country throughout 2025.

Jenny believes her new home is haunted, but her husband Sam isn't having any of it. They argue with their first dinner guests, old friend Lauren and new partner Ben. Can the dead really walk again? Belief and scepticism clash, but something feels strange and frightening, and that something is getting closer, so they're going to stay up... until 2:22... and then they'll know.



Fiddler on the Roof – Saturday 8th November – 2:30pm

Theatre Royal Brighton – £52

A theatrical triumph, the Regent's Park Open Air Theatre's sold-out electrifying *Fiddler On The Roof* is coming to the Congress Theatre Eastbourne for 1 week only in what is set to be the theatre event of 2025.

This is a rare opportunity to catch this critically acclaimed production from the powerhouse creative team directed by Jordan Fein (Oklahoma, Young Vic), choreographed by Julia Cheng (Cabaret) and designed by Tom Scutt (Winner of the 2024 Tony Award for Cabaret).

It's 1905 in the tiny village of Anatevka where Tevye, a Jewish milkman, lives his life by their proud traditions. For his five daughters, that means a visit from the matchmaker. As each daughter challenges his beliefs, against the backdrop of a changing world, can Tevye hold on to his roots, or must he bend to the will of his children and learn to embrace the unfamiliar?

One of the greatest musicals of all time – featuring 'If I Were A Rich Man', 'Tradition', 'Matchmaker' and 'Sunrise, Sunset' – *Fiddler on the Roof* is a classic musical of joy, revolution and community and an exuberant celebration of love and life.



Aladdin Saturday 6th December 2pm
- Community House Peacehaven - £12.50

This Christmas join Aladdin, the pure of heart lovable street urchin, for adventure. Aladdin and his family are poor, but he has fallen in love with the emperor's daughter. Abanazer, craves power but he needs Aladdin to retrieve the lamp from the Cave of Doom. Widow Twankey wants her sons to do a bit of laundry, but a second husband will do. This traditional tale plays out on the streets of Peking, Baghdad and in the Egyptian desert.

There will be love and heartache, treachery and deception, laughs and tears. But all will come right in the end. This family friendly panto is full of song, dance and loads of jokes.



The Thursford Christmas Spectacular—Thursday 11th December to Friday 12th December - £260 per person.
Only twin/double rooms now available.

This is an extravaganza of non-stop singing, dancing, music, humour and variety. A fast-moving celebration of the festive season featuring an eclectic mix of

both seasonal and year-round favourites. With a cast of 130, this is the biggest Christmas show of its kind in Europe!

We will be travelling up to Thursford, in Norfolk, early on the morning of Thursday 11th December in plenty of time for the afternoon matinee performance. We are booked into the highly recommended nearby Heacham Manor Hotel where we will enjoy a lovely evening meal after the show. The following morning after breakfast we will start on our return journey stopping off for a mystery visit on our way home.

The price includes coach travel, half board and show ticket. There are a limited number of single rooms available. [Booking Form.](#)



Carmen - Ellen Kent's Farewell Tour - Tuesday 27th January 2026 7:30pm - Theatre Royal Brighton - £44

For one last night only in Brighton, Ellen Kent will present Bizet's Carmen sung in French with English sub-titles and featuring the Ukrainian Opera and Ballet Theatre Kyiv. We have booked our seats early and have some of the best seats

in the house.

This dazzling production with orchestra features Bizet's unforgettable melodies including 'The Toreador's Song', Carmen's enticing 'Habanera', and Don José's lyrical 'Flower Song' in a setting evoking the stunning architecture of Seville and its main square with Roman and Moorish influences.

Join us for an evening of passion, sexual jealousy, death and unforgettable arias.



Barnum the Circus Musical - Wednesday 4th March 2026 2:30pm - Theatre Royal Brighton - £42



Agatha Christie's Death in the Nile - Saturday 4th April 2026 2:30pm - Theatre Royal Brighton - £49.50

On board a luxurious cruise under the heat of the Egyptian sun, a couple's idyllic honeymoon is cut short by a brutal murder. As secrets that have been buried in the sands of time finally resurface, can the world-famous detective, Hercule Poirot, untangle the web of lies and solve another crime.

Following the sell-out tours of And Then There Were None and Murder on the Orient Express, Death on the Nile reunites celebrated director Lucy Bailey (Witness for the Prosecution), writer Ken Ludwig and Fiery Angel for the European premiere of a brand-new adaptation of the globally celebrated Agatha Christie story on a nationwide tour. Also, optional pre-theatre lunch at Pinocchio.



PRISCILLA QUEEN OF THE DESERT – Thursday 18th June 2026

2:30pm – Theatre Royal Brighton – £45

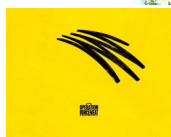
Based on the 1994 Oscar-winning film, is back with a dazzling UK and International tour! This joyous Broadway and West End hit musical takes you on a hilarious, heart-warming ride as three friends hit the road across the Outback to put on the show of a lifetime.

PRISCILLA QUEEN OF THE DESERT explores identity, diversity and the journey towards self-acceptance by challenging societal norms as the characters confront prejudice and adversity. It's a true celebration of the power of love, friendship, unity, being unapologetically yourself and embracing others for who they are.



Mamma Mia! – Thursday 16th July 2026 2:30pm – Congress

Theatre Eastbourne – £43.20



Operation Mincemeat – Wednesday 5th August 2026 2:30pm

Congress Theatre Eastbourne – £30



Holidays

Studley Castle Holiday – Final Payment Date

The final date for payment for our Studley Castle holiday is **Monday the 5th of January**. The total cost is £451. Everyone has paid a £50 deposit leaving a balance outstanding of **£401**. You can either make one payment on or before the due date or, if you would prefer, pay in instalments.

You can use the link below to pay online by card:

To pay £401 online by card use <https://square.link/u/WxeSJwfX> or scan this QR code

To pay other amounts contact Tonygarwd@hotmail.com who will send you a link.

We also accept BACS, cash, cheques and by card at a meeting.



Langham Lunch – Thursday 20th November 2025, 12 noon –

£40 One place remaining

Three course lunch with speaker.



“A Woman for all Seasons” Join Eliza McClelland, a talented actor from a theatre family, on a hilarious journey through the seasons of every woman's life. With her experience in UK theatres, including our Devonshire Park, Eliza delivers humour and relatable moments that will resonate with all.



Holiday Summer 2026 The Suncliff Hotel. Bournemouth – Monday 22nd to 26th June

Cost: £445 : Deposit: £50 per head. Bookings open Thursday 7th August at the monthly meeting. We cannot accept bookings or payments before the 7th.

We have 20 double, or twin rooms, available as well as 13 single rooms. We are not charging a single room supplement. To apply for a single room please place your name on our register at the August monthly meeting. If there are more than 13 applications, we will organise a draw and announce those successful by the following weekend. Bookings for twin or double rooms will be accepted with a £50 per person deposit. Our price includes breakfast and evening meals as well as 2 full days of coach excursions. The hotel provides live entertainment each evening.


The Suncliff is a front-line hotel overlooking Bournemouth Bay in the prestigious East Cliff neighbourhood of town. It's just a few minutes stroll from 7 miles of sandy beaches. So, don't forget your bucket and spade. It is also a part of the Oceania group of 7 hotels situated in Bournemouth including the iconic art deco Cumberland Hotel. As Suncliff Hotel residents we have the use of the leisure facilities throughout the group's hotels.

For more details please contact Jacquie 07428159444 or jacquiewr@hotmail.com












Interest Groups

Group	Information	Contact	Venue	Cost
Art Club 	An interesting informal class.	Graham Heys on 01273 585999 or graham.heys@btinternet.com	Hillcrest Centre, Newhaven. Every Tuesday of the month. 14:00 to 16:00	£3
Book Group Newhaven 	Enjoy reading a book, and then join in the lively discussion. Group full at present.	Delia Boatin on 01273 514303	Alternates between members' homes in Newhaven and Peacehaven Second Monday of the month. 14:00 to 16:00	
Book Group Peacehaven 	Enjoy reading a book, and then join in the lively discussion.	Val Tyler on 01273 517885	Meetings at a member's home on the last Tuesday of the month 14:00 to 16:00. Cost £1.75 per year + £0.60 per month for the book.	
Bridge Club 	Social bridge in a friendly and supportive environment. Suitable for those with a basic knowledge of bridge.	Jacquie Webber on 07428159444 No contact required, just go along and give it a try.	The Good Companions pub, Roderick Avenue Peacehaven. Every Tuesday 14:00 to 16:00 Please buy a drink.	
Discussion (1) (Peacehaven) 	Members bring along clippings from newspapers to be discussed.	Jacquie Webber on 07428159444 or jacquiewr@hotmail.com	Jacquie Webber's home. Third Thursday of the month. 14:00 to 16:00	
Discussion (2) (Newhaven) 	Many topics discussed, some topical, some serious and others that are light hearted.	Marian Stanley on 01273 611068	Newhaven Coffee House. 1st Wednesday of the month. 10:30 to 12:00 Please buy a coffee.	
Breakfast Club 	Join us for a breakfast and a chat.	Heather Booth on 01273 588288	4th Wednesday of the month at Peacehaven Stonehouse Carvery.	
Music Appreciation 	A friendly group, listening to classical, jazz and opera, with time for tea and discussion. 2 more places available.	John Pheby on 01273 579642 or jbpheby@outlook.com This group is full, waiting list active.	John's home in Peacehaven. Every other Friday of the month. 14:00 to 16:00	£1
Crochet Group 	Both experienced and less experienced crocheters are most welcome.	Angela Barnet on 07788230523	Peacehaven Carvery, 1st Tuesday of the month., 14:00 to 15:30	Buy a Drink
Ten Pin Bowling Club 	This is a 5 Deans u3a group that N&P u3a members can join.	Al Donaldson on 07760490375	Every Tuesday of the month (unless school holiday) at The Hollywood Bowl at Brighton Marina 11:00	Venue Charge
Poetry 	New group to discuss and enjoy poetry	Carole Starkey on 07482222082	Meets fortnightly on the 2nd and 4th Wednesday of the month at a member's home	

Interest Groups

Group	Information	Contact	Venue	Cost
Scrabble 	The Peacehaven Group have played Scrabble for a number of years .	Yvonne Maclaughlin	Library, Peacehaven. Every Thursday of the month. 14:00 to 16:00	
Singing for Pleasure 	Men particularly welcome	Tricia Shepherd on 01273 516079	Anzac Room, Community House, Meridian Centre, Peacehaven. Every Monday of the month. 10:45 to 12:00	£2
Theatre Group 	Visits to shows in Brighton, Eastbourne and locally.	Jacquie Webber on 07428159444	Please see the relevant page of the Newsletter for details.	Variable
Walking 	Pam Thompson on 07816430171	Pamthsompson2@btinternet.com	As announced	
Ukulele Beginners and Experienced 	The Group is going from strength to strength.	Marian Stanley on 01273 611068	House Project, Peacehaven. 2nd and 4th Thursday of the month. Beginners: 9:45 to 10:45 Experienced: 10:45 to 12:00	£2
Needles & Pins 	A group looking to include other crafts as well as knitting.	Pat Bethel on 01273 758041	Pat's home 1st and 3rd Tuesdays of the month, 10:00 to 12:00	
Rock Music Appreciation 	Meets monthly to listen, to enjoy and discuss rock music in its many guises.	Tony Garwood on 07428122161	Monthly on the first Friday of the month, 14:00 to 16:00	
Laptops, Tablets and Smart Phones 	No need to worry. You can master your device. Prospective members should contact Tony before attending.	Tony Garwood on 07428122161	Monday afternoons 14:00 to 15:30: 1st Monday: Tablets (group 2) 2nd Monday: Laptops 3rd Monday: Smartphones 4th Monday: Tablets (group 1)	
Mahjong 	Leader: Joan Farrimond	Joan Farrimond on 01273 580143	Every Friday, The House Project 14:00 to 16:00	£2
Gardening 	We are a friendly group sharing tips and advice. Seed swaps, plants etc. Spaces available.	John Shepherd on 01273 516079	Third Wednesday of the month, 10:30 to 12 noon at the House Project.	£2
Cribbage 	A card game that involves playing and grouping cards in combinations which gain points.	Nigel Barnes on 07963431887	Good Companions pub, third Thursday of each month at 13:30..	Buy a Drink
Operetta Appreciation 		Organised by 5 Deans u3a Contact Andrew Cregeen on 01273 3073344	Andrew Cregeen's home in Saltdean, 4th Thursday of the month at 14:00.	

Interest Groups

Group	Information	Contact	Venue	Cost
Movies Club 	A friendly group watching and discussing a range of classic films. 2 more places available.	John Pheby on 01273 579642 or jbpheby@outlook.com	John's home every other Friday, 14.00 to 16.00 2 places available, waiting list active	£1
French Conversation 	New members welcome to this chatty social group.	Jackie Finney on 01273 513771	Hillcrest Centre Café, Newhaven every Thursday, 10:30. Full with waiting list.	
Under the Covers 	This is a new book group.	Joyce Bourne on 07879441106	Peacehaven Carvery, third Thursday of the month, 10:30	
Boccia 	A sport similar to bowls. Please contact Mick if you are interested.	Mick Etheridge on 07766514161 or, sportable.activities@gmail.com	Last Friday of the month at 10:00 at the Church of the Ascension at the corner of Bramber Avenue / Arundel Road, Peacehaven.	
Lunch Bunch 	Monthly group lunches in local venues.	Sharon Ahearn on 01273 589953 or sunview70@yahoo.co.uk	Monthly meals out at a variety of local pubs and restaurants.	Variable
Wine Tasting 	Sample a selection of wines and learn more about wine. Limited number: 10	Tony Garwood on tonygarwd@hotmail.com	3 or 4 times a year at Telscombe Civic Centre 14:15 to 15:45	
Keep Fit 	Gentle exercises set to music led by a qualified and insured instructor. No need to book, just turn up.	Jacquie Webber on 07428159444 or jacquiewr@hotmail.com	Telscombe Civic Centre. Corner of South Coast Rd. and Central Avenue. Plenty of parking space. Every Thursday 10:40 to 11:45.	£5 per session
Meditation 	A group run in conjunction with 5 Deans that gives you a chance to try different meditation techniques.	Kevin Knight on 01273 786488 or kevinknightu3a@outlook.com	Telscombe Civic Centre. 1st and 3rd Tuesday of the month. 14:00 to 15:00.	Cost of the Room
Nature Ramblers 	Nature rambles around Castle Hill near Newhaven Fort	Marian Stanley on 01273 611068 or marianstanley43@gmail.com	Co-op on the corner of Fort Road and Gibbon Road, Newhaven	
Board Games Group 	New group for playing various board games. September to March.. 4th Monday and Wednesday of month.	Sally Freeman on 01273 513707 or sally.freeman1@btinternet.com	Monday: the Housing Project Centre £2 Wednesday: Good Companions Pub, just buy a drink	
Writing for Fun 	New group	Lindsay Ferguson on 075013007713	Meets on the 3rd Thursday of the month in the Saltdean Tavern at 14:30	

ODDS AND ENDS

Moving house, changing your phone number or email address?

If any of the above is the case, please make sure you tell Sally, our Membership Secretary, so that we can keep our records up to date. We have a special form available for this. You can get one at any monthly meeting or download one from our website:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/membershipchangeofdetailsform.pdf>



Our u3a Website — search for “Newhaven & Peacehaven u3a”
Or visit <https://newhaven-peacehaven.u3asite.uk>

Or scan
this
QR code



This can tell you all you need to know about our u3a and it is always up-to-date. You can view it on your tablets, smart phones, laptops or PC.

- Full information on all our groups.
- Up to date information on outings, trips and social events.
- Access to Newsletters and Bulletins online.
- Contact details and all policy documents.



To make a payment via the u3a Bank Account (BACS)

Account: **Newhaven & Peacehaven u3a**. Account number: **83005390**. Sort code **60-16-41**.

One is the way!

Paying for several events at the same time?

Please use just **ONE** cheque, **ONE** BACS, **ONE** card payment or **ONE** envelope of cash to pay for all your events in **ONE** go. So long as you make it clear what you are paying for it is less work for us to process **ONE** payment rather than lots of separate ones. Also less work for you. Thank you for your help with this.



Paying for u3a events and membership

We know that different people like to pay for events in different ways. We believe that we should be as flexible as possible in how we accept payments. That's why we have been accepting payments in cash, by cheque and by bank transfer for some time. However, during the pandemic many of us got used to paying by card. Some of us actually don't carry money around with us any more. So, we have introduced the option for you to pay by card (or even using a smart phone). The choice is yours.

Please note, if you pay using a card and subsequently require a refund this will be made to your card. However, the card payment company will deduct their fee before the refund is made. The u3a will not be able to make up the difference.

Dates For Your Diary



August	Thursday 7th	14:15	Monthly Meeting: Crime Scene Investigation , Community House, Peacehaven
	Saturday 23rd	14:30	Theatre: Les Miserables , Theatre Royal, Brighton.
	Friday 29th	12:15	Lunch Bunch: The Burger and the Bird, 205 South Coast Road, Peacehaven
September	Thursday 4th	14:15	Monthly Meeting: Brighton During The 20th Century , The Hillcrest Centre, Newhaven
	Friday 26th	12:00	Lunch Bunch: Stonehouse Carvery, Peacehaven
October	Thursday 2nd	14:15	AGM Community House, Peacehaven
	Thursday 9th	14:30	Theatre: 2.22 A Ghost Story , Theatre Royal, Brighton.
	Friday 31st	12:15	Lunch Bunch: Pablo Picasso, 47 Broad St. Seaford
November	Thursday 6th	14:15	Monthly Meeting: The Tower of London , The Hillcrest Centre, Newhaven
	Saturday 8th	14:30	Theatre: Fiddler On The Roof , Theatre Royal, Brighton
	Thursday 20th	12:00	Outing: Langham Hotel,, Three course lunch with speaker

Committee Members

Chair	Nigel Barnes	07963431887	barleypub@hotmail.com
Vice Chair	Joyce Bourne	07879441106	joycebourne11@gmail.com
Secretary	Diane Newton	01273 969289	dianenewton1960@gmail.com
Membership Secretary	Anne Hartshorne	07711512524	anneh272@gmail.com
Treasurer	Tony Garwood	07428122161	tonygarwd@hotmail.com
Groups Coordinator	Tricia Shepherd	01273 516079	johnandtricia@tiscali.co.uk
Beacon Database Administrator	John Harrison	01273 586766	harrystjohn2003@yahoo.co.uk
u3a Webmaster	Tony Garwood	07428122161	tonygarwd@hotmail.com
Newsletter Editor	Robin Daghish	07454966010	robindaghish@gmail.com
New Members Coordinator	Sharon Ahearn	01273589953	sunview70@yahoo.com
Committee Member	Marian Stanley	01273 611068	marianstanley43@gmail.com
Committee Member	Jacquie Webber	07428159444	jacquiewr@hotmail.com
Committee Member	Heather Booth	01273 588288	heatherbooth12@gmail.com
Committee Member	John Shepherd	01273 516079	johnandtricia@tiscali.co.uk

When possible, please contact committee members only between the hours of 09:00 to 17:30