Bulletin

September 2026

Monthly Meeting

September 2026

Thursday 3rd September at 2:15pm
Community House, Peacehaven
(formerly The Meridian Centre)

Murder, Madness and Mayhem
the Belgian Royal Family



A talk by
Melanie Gibson-Barton

N & P Coffee Morning

Newhaven
4th Tuesday each month
The Bridge Inn
Bridge Street
Opposite Denton Island bridge

Peacehaven
2nd Tuesday each month
Peacehaven Stonehouse Carvery
South Coast Road

10am ↓ 12 noon

Join us for a chat and a cuppa

Monthly Meeting

October 2026

Thursday 1st October at 2:15pm
Community House, Peacehaven
(formerly The Meridian Centre)

u3a Newhaven and Peacehaven

Annual General Meeting

Monthly Meeting

November 2026

Thursday 5th November at 2:15pm
Community House, Peacehaven
(formerly The Meridian Centre)

A Day in the Life of a Ranger
The Wildlife Trusts
A talk by
Steve Webster

Events: *Information on all activities can be found on our website.*

For Theatre, contact Jacquie on 07428159444 *Taking Bookings For:*

High Society Thursday 12th November 2:30pm Congress Theatre. £41.60
The Rattonians' Christmas Spectacular Saturday 21st Nov 2:30pm Royal Hippodrome Theatre £22
Beauty and the Beast (PeacehavenPlayers) Saturday 5th December 2pm Community House £12.50
Legally Blonde Thursday 17th December 2:30pm Theatre Royal Brighton £49.50
Snow White Saturday 23rd January 2:30pm Theatre Royal Brighton £48
The Full Monty Thursday 11th March 2027 2:30pm Theatre Royal Brighton £39
Dirty Dancing Satuday 29th May 2:30pm Congress Theatre, Eastbourne £62
Singin' In The Rain Saturday 7th August 2027 2:30pm Congress Theatre £55
Chicago Wednesday 18th August 2027 Theatre Royal Brighton £46.88

Lunch Bunch:

Lunch Bunch September Friday 25th September Vicini Vicini 12:15pm Booking Form
Lunch Bunch October Friday 30th October Trawlers Fish & Chips 12.15pm Booking Form October

To make a payment via the u3a Bank Account
Account: Newhaven & Peacehaven u3a Account number: 83005390Sort code: 60-16-41
Use a reference that tells us what the payment is for. Do not use your name as a reference.



u3a Matters - the magarzine of the u3a movement.
The is published 5 times a year and posted direct to your home. The cost if £4. you can pay for 2026/2027 editions at the same time as you py your subs. You can also read past copies of the magazine online on the u3a website:

For information on Group and Events visit our website.
Visit https://newhaven-peacehaven.u3asite.uk or use this QR code:
All titles in blue and underlined are links to our website.

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September 2026

Meditation
The next session will be on Tuesday 1st September at 2.00pm in Room 1 of Telscombe Civic Centre." meet at 2.00pm to 3.00pm (NOT 12 noon).

Breakfast Club at the Stonehouse Carvery in Peacehaven from 09.30 to 11.00 on the fourth Friday of each month. There is a choice of breakfasts and a chance to catch up with friends and make new ones. Please contact me to book your place by email at heatherbooth12@gmail.com or text on 07870498694." The dates are as follows: 23 Sept, 28 Oct, 25 Nov.

The u3a Art Club would like to invite you to attend our annual art exhibition, being held at The Hillcrest Centre, Newhaven, on 24 September 2026. You will find us in Room 5, halfway along the corridor between the reception and the cafe. You will have free access between 10am and 4pm. A varied selection of art will be on display, many for sale.







Nottingham University Research Request
We are looking for people who find it hard to hear speech in noisy places, including hearing aid users, to join an online training study. The study aims to improve two new listening and thinking games as a support tool for people with hearing loss.
We will be testing two new listening and thinking games in a programme called PLUS (Practice Listening and Understanding Speech). These training games were developed with people with hearing loss and are designed to support everyday listening, including listening in noise.This study has been reviewed and approved by the University of Nottingham Faculty of Medicine and Health Sciences Research Ethics Committee.
If you feel this may be of interest to you please contact:
Natalie Lerigo-Smith Lead Investigator & Helen Henshaw Chief Investigator.
Tel: 0115 8232606 Email: helen.henshaw@nottingham.ac.uk
Website: https://nottinghambrc.nihr.ac.uk
University of Nottingham, Ropewalk House, 113 The Ropewalk, Nottingham, NG1 5DU

The Online Members' Magazine
Contributions requested from members such as humour, anecdotes, quizzes, recipes, life experiences, stories etc.
Please send content to John Harrison harrystjohn2003@yahoo.co.uk

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.