

u3a Lunch Bunch
Friday 27th November 2026 @ 12.15pm
The Spanish Lady Pub,
4 Longridge Avenue, Saltdean BN2 8LH



**The
Lunch Bunch**

2 courses and tip £20
Pre-order in advance and pay in CASH.
Maximum 30 places available

Main Courses

- **Coq au Vin:** *Chicken breast Cod served with small chips and mixed salad*
- **Beef Mince Pastry pie** *with mash, vegetables and gravy*
- **Fishcake,** *chips and salad*
- **Vegetarian Lasagne** *with garlic Bread (V)*

Desserts

- **Trifle**
- **Fruit crumble and custard**
- **Cheesecake with ice cream**
- **Strawberry jelly and ice cream**

Please pay for your drinks when you order them.

Last day for orders and payment: **Friday 13th November 2026**

----- Please cut off the slip below -----

The Spanish Lady: **Friday 27th November 2026 @ 12.15pm**

Name:

Phone No. or email:

Main Course:

Dessert: